

ST. ELIZABETH'S EPISCOPAL CHURCH

76 South Third Avenue
Brighton, CO 80601
303-659-2648
<http://stelizabethsco.org>

Finances

This will be the theme for several financial seminars we plan to offer the congregation early year, dealing with personal finances, credit card debt, savings and retirement accounts, and income protection. The first of these events will be called: "God wants you to be debt free", will be by Sunday Feb. 22nd, following the 10 AM service. Refreshments will be provided by Ellie Miller, a member of St. Martha's Church, Westminster, who with Allen Elrod, RVP of Primerica Financial Services will be presenting the financial training.

In regard to future training, two people from our congregation Carol Pratt and Mary Reynolds have volunteered to receive training to lead the Diocesan recommended financial program called: "Share, Save and Spend" by Nathan Dungan. The website: ShareSaveSpend.com will give you a sample of the 4 session training program that the Episcopal Church Foundation has offered to purchase, worth about \$500 for any congregation that would like to receive this training.

During these times of economic crisis, the church can be a resource for people who are struggling with debt, and what might be called "quiet desperation", I would like to quote Bishop Stephen T. Lane in his Pastoral letter on the economic struggles in Maine, He has stated that "In these hard days our churches can shine. Our congregations can be places where the light of Christ floods into the world. Perhaps, feeling our own needs, we may be more sensitive to the needs of those around us. Perhaps these hard times can ignite in us the flame of compassion, and can remind us what it is we are called to do and be as the body of Christ."

Please express your interest to your Priest or Deacon, about attending these programs, or any other programs of outreach that we could provide our community.

INSIDE THIS ISSUE

Finances	1
Shovel-Ready Projects	1
Daughters of the King	2
Law of the Garbage Truck	3
Basement Remodel Update	3
Dates to Remember	4
General Announcements	5
Genesis	5
A Spiritual Journey	6
When You Thought I Wasn't Looking	7
New Year's Resolution...	8

SHOVEL-READY PROJECTS

St. Elizabeth's has some large projects that need to be done this year in order to keep the church in a safe and functional state for all. The Bishop's Committee would like to present the three that they believe are the most important to address for this upcoming year. What we are going to do is set out three jars to begin collecting money for each project. If you feel compelled to, you can donate to the project of your choice. Keep in mind that these projects are quite large, so we will continue to collect for them, as well as trying to do some fundraising projects. Below you will find a description of each project we will need to collect funds for.

- 1) Concrete Repair: Demolish and repair the areas of concrete around and in front of the basement entryway. This will improve the damage produced by the tree and help with our water drainage issues. The estimated cost for this project is \$2,000.
- 2) Sewer Pipe and Main Replacement: Due to the age of our facility, the sewer main has deteriorated and has been overgrown with tree roots. Because of this we will need to replace and re-grade the entire main from the building to the city main in the alley. This will prevent any future sewer backups in our basement. The estimated cost of this project is at a minimum 10,000.
- 3) Removal and Replacement of the roof: Currently the roof is in need of being replaced. This is going to be a huge project that we would like to do toward the fall. The estimated cost of this project is at a minimum 30,000.

For those that choose to contribute for these special donations, we have anonymous members of the church who have offered to match your donation dollar for dollar, thus maximizing the benefit of your generous contribution and addressing the urgency to get these projects funded.

Daughters of the King

Yes, you've seen women at our church who call each other "daughters" and wear those funny silver crosses. It's not quite a social club; not quite a lay order that needs robes and vestments. But, we try to be a prayerful foundation for St. Elizabeth's and for the kingdom of God.

The Daughters of the King is an Order for women of the Episcopal Church and churches with the historic Episcopate, and was organized in 1885. Every Daughter pledges herself to a lifelong program of prayer, service and personal evangelism, dedicated to the extension of Christ's kingdom and to the strengthening of the spiritual life of her parish. By the reaffirmation of promises made at confirmation, every Daughter undertakes a **Rule of Life**, incorporating the *Rule of Prayer* and the *Rule of Service*. Chapters may not raise money in the name of the Order, but rather seek to assist wherever possible with prayer and service.

Rule of Prayer

As Part of her Rule of Prayer, a Daughter prays daily for 1) the spread of Christ's Kingdom, especially among women and girls; 2) God's blessing upon members of the Order; and 3) the spiritual growth of the parish in which the chapter is organized.

Rule of Service

Through our Rule of Service, Daughters vow to 1) participate regularly in the worship, study and work of the church; 2) undertake a personal program of evangelism by bringing others to Christ through baptism and confirmation; and 3) assist the clergy in whatever way possible for the spiritual growth of the parish

The Saint Elizabeth of Hungary Chapter of our church serves the church as individuals and as a group.

We attend and occasionally lead prayer services, especially evening prayer

We pray daily for the confidential needs of St. Elizabeth's. If you have a need, please contact Kerri Kennedy (303) 659-7980 or klskenn@hotmail.com. We usually pray for a person's needs for the entire month, and allow you to ask for prayers in succeeding months. All our members are very mindful of the confidentiality of the prayer list.

We pray for all daughters in our chapter, our region and all over the world. See the DOK website at www.dok-national.org

We work for the church, support the clergy, and try to do a service project every year.

We get together with other chapters for a few days of meditation and prayer with our Region.

We continue our study with book discussions.

Daughters can unite together every year at the annual Daughters Day around November 1st. Last year a few of us went to the annual luncheon at St. John's Cathedral. Every three years the chapters hold a conference, like the Episcopal Bishops, to discuss by-laws and maintain fellowship. There is also Junior Daughters of the Order for interested girls up to the age of 20. It is a wonderful way to mothers and daughters can share their love of prayer and service together.

- The motto of the Order is For His Sake (you will recognize those letters—FHS—on our crosses.)
- I am but one,
- But I am one.
- I cannot do everything,
- But I can do something.
- What I can do,
- I ought to do.
- What I ought to do,
- By the grace of God
- I will do.
- Lord,
- What will you
- Have me do?

We are a small group at St. Elizabeth's, but we are dedicated to praying and spreading God's Kingdom. If you would like to join us, we would welcome you with open arms.



The Law of the Garbage Truck

One day I hopped in a taxi and we took off for the airport. We were driving in the right lane when suddenly a black car jumped out of a parking space right in front of us. My taxi driver slammed on his brakes, skidded, and missed the other car by just inches! The driver of the other car whipped his head around and started yelling at us. My taxi driver just smiled and waved at the guy. And I mean, he was really friendly. So I asked, 'Why did you just do that? This guy almost ruined your car and sent us to the hospital!' This is when my taxi driver taught me what I now call, 'The Law of the Garbage Truck.' He explained that many people are like garbage trucks. They run around full of garbage, full of frustration, full of anger, and

full of disappointment. As their garbage piles up, they need a place to dump it and sometimes they'll dump it on you. Don't take it personally. Just smile, wave, wish them well, and move on. Don't take their garbage and spread it to other people at work, at home, or on the streets. The bottom line is that successful people do not let garbage trucks takeover their day. Life's too short to wake up in the morning with regrets, so...Love the people who treat you right. Pray for the ones who don't.

Have a garbage-free day



Article Provided by the Edward

Basement Remodel Update

In November of 2008 the St. Elizabeth's basement sustained heavy damage to the floors of all rooms and walls in some areas from a back up of the sewer service. Members of the church cleaned up the sewage three times before the two-day stint of backups ended; all to find out the cause was a combination of a clog in the City's main down the street and a blockage in the church's sewer main leading from the building to the City main in the alley. It was two days of patience and dedication from all involved and they all deserve a thank you for their efforts.

We have since been dealing with the insurance company and restoration contractor to figure out a plan to get the basement back to a usable state. Repainting of the Sunday School room with a mold resistant paint began in late January. Final approval has finally been granted from the insurance company just this past week and we anticipate moving forward with the repairs in early February. Before the month is out, the basement should be complete with:

- new floors in the Sunday School room, kitchen, and storage room
- repaired drywall with new paint in the storage room

- new paint in the Sunday School room
- new base cabinets in the kitchen to replace the heavy water damaged cabinets
- stripped, waxed, and resealed floors in the stairs and main gathering area

A reputable plumbing company who used a camera to look at the sewer line has told us that the line is sustainable for now and therefore, we should proceed with the repairs. We all need to be cognizant of what we are putting down the sewer (no large food pieces, etc.) to help avoid any backups at this time. In the coming year, the main line will have to be replaced due to its deteriorated state. It is an old line made of a wax-lined cardboard material that was common in the early 1900's in the area and was used on many of the buildings on the streets surrounding the church. It has begun to collapse and deteriorate and has also experienced heavy tree root overgrowth in recent years which is causing back ups. The replacement will include digging up the line from the under-croft area below the altar all the way out to the alley, re-grading and replacing it with PVC, backfilling the trench and repairing the landscaping above. These measures will ensure the sewer main is in good condition for generations to come.

ALL IMPORTANT SCHEDULES AND DATES TO REMEMBER

	Greeters	Prayer Leaders	Reader	Chalice	Acolyte
Feb 1	Helen	Carol P.	Andi	Ken and David	Jamie and Jacob
Feb 8	The Simpsons	Sarah	Steve	Amber	Cody and Zam
Feb 15	Hank and Beth	Johanna	Amber	Ken and Kathy	Morgan and Melissa
Feb 22	Kerri Kennedy	Andi	Angie	Amber and Johanna	Eric and Nicole
Mar 1	Marguerite and Peggy	Amber	Carol P.	David and Kay	Ken and Zam
Mar 8	Helen	Carol P.	Kerri K.	Kathy and Johanna	Emily and Lily
Mar 15	The Simpsons	Andi	Johanna	Ken and Kay	Jacob and Jamie
Mar 22	Hank and Beth	Amber	Andi	David and Amber	Kate and Melissa
Mar 28	Youth	Youth	Youth	Kay and Johanna	Morgan and Zeke
Apr 5	Marguerite and Peggy	Carol P.	Steve	Amber and Ken	Cody and Zam
Apr 12	Helen	Kerri K.	Amber	David and Kathy	Ken and Melissa
Apr 19	The Simpsons	Johanna	Angie	Kay and Amber	Eric and Nicole
Apr 26	Hank and Beth	Amber	Carol P.	Ken and David	Emily and Lilly

Daughters of the King

The Daughters of the King meet every 4th Sunday of every month after church. If you are interested in joining the Daughters of the King please contact Jessica Hackett.

Youth Group

Youth Group meets after church services each Sunday from 11:30 am – 1:30 pm. The ages of youth that are invited to join in our youth events are 6th – 12th grades. We welcome new and returning members each time we meet. For more information or questions you can contact Steve or Amber Simpson.

Grace House Programs

We are now in need for those of you who became certified with the Brighton Youth Commission to begin holding after school programs/classes at the Grace House. There is a Calendar available to sign up for events being held at Grace House. They will be held from 2:30pm-5:30 pm approximately. If you would like to sign up for a day, please see Deacon Susan, she can sign you up for a day of your choice.

Sunday Evening Services

The church has added an evening service on Sunday evenings at 5:00pm. This services is a shorter version of the service without hymns and a longer sermon. If you have questions regarding this service don't hesitate to ask Father Jim.

MEN'S GROUP MEETING

All male members of the congregations are invited to attend the first men's group meeting at 6:45pm on Wednesday night February 18th. The meeting will be held at Hank Schmidt's house located at 741 South 21st Court in Brighton. The purpose of the group will be fellowship and the sharing of blessings, thanksgivings, concerns, fears, pain, hardships, love, and renewal. At this first meeting Hank will be sharing a story his father wrote recently about his survival after being wounded, abandoned, captured, and finally rescued during the Korean War. A simple meal of soup, bread, and wine will be shared. The group can talk about future meetings and activities that might want to be done as a group.

**A
C
C
U
R
S
E
M
E
N
T
S**

This year's annual meeting will be held immediately following the 10 AM service. There will be snacks and refreshments and coffee in the upstairs in church before the meeting. A presentation of the Financial Budget for 2009, as approved by the Bishop's Committee will be explained and made available to everyone, along with various other ministry written reports.

If you are interested in serving your church through the Bishop's Committee, please let the Bishop's Warden or the Priest know. The requirements are: that you want to serve

A Spiritual Journey

This Lent we at St. Elizabeth Church will be using a resource provided by our National Church, intended to assist congregations and their leaders deepen their walk with Christ. The study invites participants to view their lives as a spiritual journey. We do not travel alone, however. We are joined by companions along the way. As together we begin this journey, we are also assured that Christ is in our midst.

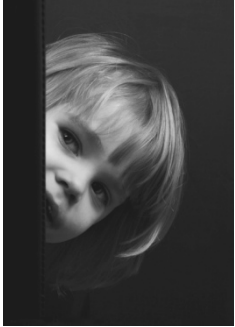
How do we encounter God, made known to us through Jesus Christ, in our day to day lives? How can we increase our awareness of God's presence among us? Those are the primary questions this study will attempt to address. This resource will assist us in opening our eyes to even more ways that God is revealed to us.

One effective "eye-opener" for many people is the power of stories. As we discovered last year in Lent, we each have our own story to tell. For the purposes of this spiritual journey, we will be looking more closely at our own stories, specifically seeking out how we perceive God moving with us each step of the way. As we share personal stories of our spiritual journey, as we offer a witness to God's presence among us, the ability for us all to glimpse God moving among us is greatly increased. Creating space for the sharing of these sacred stories is one of the purposes of this resource.

To assist us in persevering along the way, essential tools for this journey will be recommended; prayer, study and action. These three tools are time-tested methods for keeping ourselves spiritually healthy, not only for our own sake, but for the sake of those with whom we travel, as well as those we may encounter along the way. Reflections intended to expand our understanding of these tools, and how we might utilize them, are provided within this resource.

Encouraged by the stories we have heard and equipped with the tools necessary for this journey, our awareness of God's presence among us will increase. It is then that we will be ready to invite others to join us on this journey. It is then that we will be prepared to fulfill the mission of the Church, "to restore all people to unity with God and each other in Christ."

We would like to offer this during the Lenten season, to be held after the Wednesday evening prayer service. Please join us.



When You Thought I Wasn't Looking

When you thought I wasn't looking I saw you hang my first painting on the refrigerator, and I immediately wanted to paint another one.

When you thought I wasn't looking I saw you feed a stray cat, and I learned that it was good to be kind to animals.

When you thought I wasn't looking I saw you make my favorite cake for me, and I learned that the little things can be the special things in life.

When you thought I wasn't looking I heard you say a prayer, and I knew that there is a God I could always talk to, and I learned to trust in Him.

When you thought I wasn't looking I saw you make a meal and take it to a friend who was sick, and I learned that we all have to help take care of each other.

When you thought I wasn't looking, I saw you give of your time and money to help people who had nothing, and I learned that those who have something should give to those who don't.

When you thought I wasn't looking I saw you take care of our house and everyone in it, and I learned we have to take care of what we are given.

When you thought I wasn't looking I saw how you handled your responsibilities, even when you didn't feel good, and I learned that I would have to be responsible when I grow up.

When you thought I wasn't looking I saw tears come from your eyes, and I learned that sometimes things hurt, but it's all right to cry.

When you thought I wasn't looking I saw that you cared, and I wanted to be everything that I could be.

When you thought I wasn't looking I learned most of life's lessons that I need to know to be a good and productive person when I grow up.

When you thought I wasn't looking I looked at you and wanted to say, "Thanks for all the things I saw when you thought I wasn't looking."

Little eyes see a lot!

Each of us - parent, grandparent, aunt, uncle, teacher, and friend - influences the life of a child. Live simply. Love generously. Care deeply. Speak kindly

Article Provided by Jane Talbot

NEW YEAR'S RESOLUTION OR NEW THINKING

How many of you make the famed "New Year's Resolution?" How many don't even bother anymore? And for those of you that do actually take the time to come up with one, how many of you are still sticking to it? A common resolution is usually to start a new diet or to eat better; it really is a great way to start off the New Year, but the way you approach it is detrimental to success or failure.

If you have children, it's especially important to know and understand what healthy eating is for everyone in the family. Researchers found that obese children have arteries of 45-year-olds; this was in children as young as 10.

So, if you're looking for a healthy way to start off the New Year, make it a lifestyle change instead of a diet. Focus on foods that are fresh, portions that are smaller and reasonable, and snacks that are healthy and enjoyable.

Tomato & Ham Breakfast Melt

2 slices thin multigrain bread, toasted
4 thin slices tomato
4 thin slices ham
2 slices reduced-fat Cheddar cheese

Top toasted bread with tomato, ham and cheese. Toast in toaster oven or under broiler until cheese is melted.

Cheesy Popcorn

4 cups hot air-popped popcorn
1/2 cup freshly grated Parmesan cheese
Cayenne pepper to taste

Mix together for a tasty healthy snack. This is a great snack for work too!

Tuscan-Style Tuna Salad

2 6-ounce cans chunk light tuna, drained
1 15-ounce can small white beans, such as cannellini or great northern, rinsed
10 cherry tomatoes, quartered
4 scallions, trimmed and sliced
2 tablespoons extra-virgin olive oil
2 tablespoons lemon juice
1/4 teaspoon salt
Freshly ground pepper to taste

Use as a filling for a wrap. Can be made ahead of time and stored in the refrigerator.

Chocolate & Nut Butter Bites

8 1/4-ounce squares of bittersweet chocolate
4 teaspoons almond, cashew or pistachio butter

Top each chocolate square with 1/2 teaspoon nut butter of your choice (almond, cashew, pistachio).

For more information contact:
Amber Simpson
Doctor of Pharmacy